

6. Pratyasha Holistic Palliative Care Unit- karimnagar

6.1 Introduction:-

Palliative care is the active and total care of the patient with life limiting disease and their families by a committed professional team. When the disease is no longer responsive to curative or life prolonging treatments hospice care is often used as a synonym for Palliative care. Palliative cares primary aim is to promote comfort and to improving the quality of the patient with life limiting illnesses like Cancer, advanced AIDS, lung, heart and kidney diseases. However palliative care extends beyond physical symptoms relief. It seeks to integrate physical, psychological, social, and spiritual aspects of care. So that patient may come to terms with their impending death.



6.2 Vision:-

With support from our communities, we will provide the absolute best in compassionate, competent, and cost-effective end-of-life healthcare to all who need it.

6.3 Mission:-

Palliative care center provides compassionate care for those individuals living with a life-limiting illness and their families, through quality medical, emotional, spiritual , and social support.

year of establishment – 13/01/2016.
Name of the Center - Pratyasha Holistic Palliative Care
Sister in charge – Sr.vijaya Lucy
Staff Members - 10



6.4 Registrations Consolidated report of the HPCU from January to Aug 2018

Month	No. of IP	No. of OP	Counseling done	Death details of patients in HPCU	Total House visits	Awareness program conducted	Meetings with govt. peoples	Total house death	Total villages covered	No. of Participants
JAN to Aug 2018	534	1098	534	36	1260	119	17	21	52	11099

6.5 Disease information Consolidated report of HPCU January to Aug 2018

Cardio vascular disease	CANCER	Chronic respiratory disease	AIDS	TB	Diabetes	Kidney failure	Chronic liver failure disease	Multiple Sclerosis	Parkinson's	Rheumatoid Arthritis	Neurological disease	Chronic congenital alimonies patients	Dementia/Coma	Massive Injuries	Disability
32	49	73	84	77	37	28	46	2	14	27	44	2	12	22	3

6.6. Activities:-

- Counseling.
- Awareness on Health, Hygiene and communicational Skills.
- House & Village visits.
- Awareness camps conducted in the villages.
- Free medical camps conducted in the villages.
- Govt. & Cancer Hospital visits.
- Caring and nursing of the patients.
- Regular medical checkup.
- Doctor visits.
- Our staffs from HPCU are giving home based treatment in the villages to the bedridden patients, aged patients. Dressing, symptomatic treatment, BP checking, random blood test for sugar, and spiritual support is giving. Through our house visits and caring patients we are technically supporting to family members by our rapport.
- Providing psycho- social and spiritual support to patients and their care-givers.



6.7 Developments in the past year:

- Most of them are aware about the HPCU.
- Patients are increased.
- Excellent care and support given to the patients.
- Most of the patients are relived from their pain and suffering through our services.
- Constructed toilets to the patients.
- Separate rooms are provided to the patients.
- Pastoral care unit has been established with hospital the support of CHAI.

6.8 Future plans:-

- Approach the Govt. to get the support.
- Encourage the people to approach agencies and companies to get local contributions